

SUMMER 2023 NEWSLETTER Editor: Roy M. Fujitani, MD, President Elect, WVS

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EDITOR'S MESSAGE

Roy M. Fujitani, MD, President Elect, Western Vascular Society

WESTERN

VASCULAR

SOCIETY

Dear WVS Members and Friends:







The 38th Annual Western Vascular Society meeting is quickly approaching and the excitement for this meeting at the Grand Hyatt Resort and Spa on Kauai is palpable.

The word "ohana" is the Hawaiian word for family. From a cultural and sociologic standpoint, there tends to be a strong sense of ohana when growing up in smaller towns in Hawaii where many families and individuals, while often unrelated develop strong relationships with each other. Ohana in a broader sense has been transitioned to be a term used in a looser context to include extended family, or friends that are as close as a family. Our Western Vascular Society is our "ohana". Our annual meeting provides a wonderful opportunity for our members, old and new, and trainees to gather to share our scientific academic, clinical, and technical innovations and ideas. Our vascular and endovascular surgery specialty is made better by these interactions, particularly when we are held by a common bond. Since 1986, when our WVS Founders first met, this meeting has provided an important venue where much of our vascular surgical knowledge and technical advances were shared, and we left smarter and better prepared to care for our patients. More than just a professional meeting, it provides for life-long friendships and professional relationships to be kindled and renewed with our annual gathering – providing the foundation for our ohana.

There is anticipated record attendance for this meeting with an outstanding program

organized by our hard-working President, Dr. Wei Zhou, and Program Committee led by Dr. Elina Quiroga. Program Committee members include Drs. Jade Hiramoto, Karen Woo, and Benjamin Brooke.

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Several exciting program additions include a DEI Program led by Dr. Nii-Kabu Kabutey, and committee members, Drs. Kenneth Ziegler, and Sharon Kiang. VSIG medical student participant program led by Dr. Leigh Ann O'Banion, and committee members, Drs. Gregory Magee, and Kay Goshima. The WVS also will be hosting several overseas guests from Japan, as part of our Pacific Rim membership reach. They have been instrumental in organizing and will be participating in the "Anastomotic Competition" between our vascular surgery trainees. Dr. Elna Masuda serves as our local arrangements chairman and has a fun social program organized.

Our Membership Committee, chaired by Dr. Robert Chang, and committee members, Drs. Christian Ochoa and Mahmoud Malas have been hard at work having recruited a record number of new members. You should have received the roster of new member applicants in your email. Please review the applicants as your feedback to the Executive Committee for finalizing their election is critical.

I look forward to our WVS Ohana gathering in Kauai!

With aloha,

Roy M. Fujitani, MD

MESSAGE FROM WVS PRESIDENT

Wei Zhou, MD, Western Vascular Society President



Dear WVS Members,

WVS has experienced the biggest growth in this year than ever in our history. We included more young surgeons and promising trainees. The renewed energy from WVS members is palpable. I look forward to greeting you in Kauai and to the exciting first joint WVS-Japanesee SVS distal bypass competition at our annual meeting. While we prepare for our meeting. We must acknowledge the devastating fire in Maui. Many family lost loved one and many people lost their homes. We lost one of our own, Dr. George Lavenson. He dedicated his entire life to stroke prevention. He fought for what he believed in until his last breath. George is inspiration to us all. Rest In Peace George.

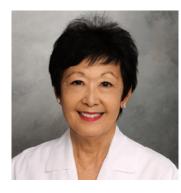
Some of you have expressed strong interest in helping Maui fire survivors. WVS will collect funds onsite for a memorial fund to put toward Maui recovery in the name of Dr. Lavenson. Volunteers Teryn Holeman PhD, MD, student from University of Utah, and Reid C. Mahoney, MD Fellow, Vascular Surgery, Oregon & Health Science University, will be spearheading this effort to collect funds. Watch for your opportunity to contribute via email and onsite.







LOCAL ARRANGEMENTS REPORT Elna Masuda, MD





Aloha Western Vascular Members,

It is my pleasure to act as the Local Arrangements Chair for the 38th Western Vascular Society Annual Meeting. I thank those members who after seeing the tragedy of Lahiania reaching out to me to see how it was going. It is hard to believe how one day people in Maui are losing their homes, pets and family members and the next day the sun comes out. I write to you under blue skies and can attest that the air quality west of me at Kauai will be fine for the meeting. I join you in sending prayers to the Maui community for a recovery. orchards, fruit fields, vegetable gardens, rare and exotic tropical flowers, hardwood trees, and animal pastures with donkeys, goats, sheep, horses, cattle, ducks, geese, and feed the wild pigs. The train will stop and you can disembark and feed our wild pigs, goats and sheep. Train tour for adults is \$21.50 and children are \$16.00. Rum Safari is \$75 and includes wild ride around stations sampling rum drinks! Book both by calling the Plantation 808-652-4707.

The Grand Hyatt has a full complement of programs for example on Monday they offer a Honu Education & Preservation Presentation, Hula Lessons*Parrot Time in Stevenson's

Breaking all records there will be over 350 WVS members, companions, children, nonmember physicians, allied healthcare workers, medical students and their families arrive to enjoy the Grand Hyatt Resort on Kauai. Optional activities include golfing at Poipu Golf Course on Sunday afternoon and horseback riding on the beach on Monday afternoon. The two activities are being organized by the WVS team and can be added to your registration by emailing admin@ surgicalcs.com. The beach close to the resort has wonderful rental options for a choose your own adventure day! Stand Up Paddle Boards, Snorkeling call Nukumoi Surf Co. ahead to arrange rentals during your leisure time 808-742-8019. Another activity I recommend is the Plantation Train for families and the Jeep Rum Safari for adults. You'll be entertained and educated by fun-loving conductors, and amazed when you see 50 varieties of fruit tree

Atrium, Hawaiian Language Basics* and Ohe Kapala Activitiy (Hawaiian Stamping)*

We look forward to engaging with our guests from the Japanese Vascular Society who are collaborating for the Distal Bypass Competition on Saturday before the Welcome Reception. On Sunday we will join together for the Western Family Dinner and rumor has it that President Zhou is a huge country and western fan so she will be running the music that night. On Monday the Presidential Banquet is a Luau this year with two hours of entertainment. To participate you must sign up for a seat at registration before Monday.

I look forward to welcoming you to the meeting!

Elna Masuda, MD

DIVERSITY EQUITY AND INCLUSION (DEI) COMMITTEE



The Diversity Equity and Inclusion (DEI) Committee consisting of Dr. Kenneth Ziegler and Dr. Sharon Kiang and myself are pleased to share a progress report with the True Lumen. Earlier this year our membership voted to include our DEI commitment statement to the Western Vascular Society (WVS) Constitution and Bylaws. The WVS strives toward diversity among its membership and fosters perspectives to model a positive impact on each other, our communities, and our vascular world. The WVS respects and encourages inquiry and supports ongoing dialog among our leadership, members and associates, while acknowledging and embracing our unique differences. Additionally, the bylaws have been updated to reflect an evolving and inclusive WVS.

Applications are open for the WVS DEI Grant award of **\$10,000.00**, offered to a *WVS Active Member* or *WVS Candidate Member* (*Trainee*). This monetary award may be used for expenses related to DEI education, travel and/ or DEI research. **All members are encouraged to apply.** You can find more information on the <u>WVS DEI webpage</u>.

Application deadline is August 30th.

Application Requirements:

- Submit a 300-word cover letter that describes why the selected course or proposed research project will build meaningful skills to impact career, and how this aligns with the WVS mission.
- One letter of support from the applicant's chair, division chief or direct supervisor, discussing their support and explicitly stating that the applicant has time allotted for the course.

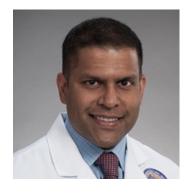
This year during our WVS Annual meeting we will be hosting a Roundtable Luncheon sponsored by Cook Medical on September, 11 2023 from 12:30-1:30pm following the WVS Annual Business Meeting in the Grand Ballroom, Grand

- Hyatt Kauai. We will tackle topics such as: 1. Healthcare Disparities
 - 2. Leadership in Research
 - 3. Allyship
 - 4. DEI Concerns in Residency
 - 5. Industry Partnership in DEI

Leaders for each topic as well as our Vascular Surgery Interest Group scholarship recipients will direct discussion with WVS members and take detailed notes for presentation and discussion prior to the conclusion of the luncheon. WVS participants will each choose one topic to discuss in depth. Time will be left at the conclusion of the event to summarize points and discussion from each table.

WVS RECORDER'S REPORT

Dr. Niten Singh



Dr. Niten Singh serves as our very capable WVS Recorder – a position requiring significant organization, time, and effort to collate and prepare our societal peer-reviewed publication submissions. The WVS has a proud tradition of maintaining a rigorous scientific meeting that has resulted in numerous publications for our members in the Journal of Vascular Surgery. Two of the core values of the WVS include Education, where we strive to produce a highquality, balanced scientific meet to attract the best and brightest into our field, expanding incorporation of new science, techniques, and practices; and Research, where we encourage multi-center collaboration on research initiatives in the Western United States, Canada, and the Pacific Rim. The submission of manuscripts from our meeting proceedings serves to memorialize the educational and research efforts of our membership to advance our vascular surgery specialty.

At the 2022 meeting held at Vancouver, Canada there were a total 50 presentations, including 20 full presentations, 16 mini presentations and 14 rapid fire presentations. Of the full presentations, 11 of the 18 manuscripts were accepted for publication (61%) with 2 under active review. 6 were rejected and 1 deemed an incomplete submission. Six of the minipresentations were submitted for publication, of which 5 were accepted for presentation (83%), with one being rejected. There was one rapid-fire manuscript presented which was accepted (100%).

It is mandatory for authors of full podium presentations to submit a manuscript to the JVS within two months of the meeting (November 9, 2023 for this upcoming meeting). We highly encourage all accepted abstracts including 'mini" and "rapid-fire" presentations to be submitted as well. Based on the statistics these submissions have a great chance at being published. For the presenters at the meeting an abstract and copy of the manuscript must be submitted to the discussant by September 1, 2023. By submitting the manuscript to the discussant, it will allow for proper review and perhaps editing of the final presentation and manuscript to allow for the best chance at acceptance. We look forward to seeing everyone in Hawaii and thanks for your efforts in showcasing your research.

WVS MEMBER PHOTO SHARE





MD, PhD Student with an interest in



tellar presentation by WVS member

vascular from University of Utah Teryn Holeman with the Jacobs Resident Award at the Rocky Mountain Vascular Society Annual Meeting. Holeman also has been in the running for the Robert Hye Resident Research Award at Western for the last two years! Vascular this year. Great news after successfully campaigning to have the military exemption on the geographical restrictions on military membership. Stanford welcomes Dr. Kauvar officially to the region this fall in his new position.

HISTORICAL NOTE – THE FIRST WVS MEETING IN HAWAII R. Eugene Zierler, M.D., WVS Historian

The first three annual meetings of the WVS were held in Laguna-Nigel, California in 1986, Tucson, Arizona in 1987, and Monterey, California in 1988. The fourth annual meeting took place from January 18-22, 1989 at the Waiohai Hotel on Poipu Beach, Kauai, and was the first WVS meeting in Hawaii. At that meeting, the WVS Officers were D. Eugene Strandness Jr. (President), Ronald J. Stoney (President-Elect), Wesley S. Moore (Secretary-Treasurer), Victor M. Bernhard (Recorder), and W. Sterling Edwards and Robert B. Rutherford (Past Presidents). The Program Committee included James M. Malone, William C. Krupski, and Richard L. Treiman.

The 22 papers presented at that meeting in Kauai can be categorized in the following topic areas: PAD/CLTI 7, carotid disease 5, aorta 2, vascular biology 2, vascular laboratory 2, venous 1, and other 3. The first scientific session on Thursday, January 19, 1989 was moderated by Dr. Strandness, and the first paper was presented by Dean Healey from the University of Washington on "Long-Term follow-up and Clinical Outcome of Carotid Restenosis." This paper reported on 301 patients having 347 carotid endarterectomies who were followed by serial duplex scanning for a mean of 4 years. By life-table analysis,

the cumulative incidence of restenosis at 5 years was 27.1%, but regression of restenosis was observed in 9.6%, resulting in an overall prevalence of restenosis at 5 years of 17.5%. The incidence of stroke or TIA was not different in those patients with and without restenosis. Several other papers focused on restenosis after carotid endarterectomy, including one by Eugene F. Bernstein and colleagues at Scripps Clinic and Research Foundation which found that patients with restenosis had a significantly greater life expectancy at 10 years and a lower stroke rate at 5 years, suggesting that the myointimal proliferation of early restenosis may have a protective effect.

The scientific session on Friday, January 20, 1989 was moderated by Dr. Stoney and included three papers on the use of thrombolytic agents. A paper presented by William Krupski from the University of California, San Francisco described their early experience with recombinant human tissue-type plasminogen activator (t-PA) for management of occluded peripheral arteries and bypass grafts. Eight patients were treated by direct infusion of t-PA, and thrombolysis was complete in 7 and partial in one, with no major complications. Two papers reviewed experience with intra-arterial urokinase for treatment of acute arterial occlusions,

and concluded that the catheter-directed approach was generally effective and safer than systemic fibrinolytic therapy.

The only paper concerning thoracic aortic disease was presented by Dr. James Fann from Stanford University on "Treatment of Patients With Acute Aortic Dissection Presenting With Peripheral Vascular Complications." This paper described a series of 162 patients with acute aortic dissection (123 Type A, 39 Type B), of which 81 experienced one or more peripheral vascular complications. All patients underwent central thoracic aortic repair which resolved limb ischemia in the majority of patients; however, neurologic and visceral complications were associated with high mortality and morbidity.

This brief summary provides an impression of what was of interest to members of the WVS at the annual meeting 34 years ago. In addition to the scientific sessions, the social program included golf and whale watching on Thursday afternoon and tennis and a black-tie dinner on Friday. The annual meeting of the WVS has returned to a Hawaii location every 3 to 6 years since that first meeting on Kauai, and the 2023 meeting at the grand Hyatt Resort Kauai will mark the ninth WVS meeting in Hawaii.

THANK YOU! Daniel Nguyen



It is an absolute privilege to be chosen for the Western Vascular Society student scholar grant and participate in the distal bypass competition! Having been raised in a low-income household by a single mother, I was taught to seek out all possible learning opportunities and share this wealth with others. This life lesson ultimately brought me to vascular surgery where I am fortunate to have amazing mentors who support my vision in extending quality surgical management to disadvantaged patients. I am honored to attend this year's conference in Kauai where I look forward to learning from leading field experts, sharing my team's research, and networking with fellow medical students who are similarly interested in vascular surgery. My preparation for the distal bypass event has also provided me with invaluable one-on-one technical skills training with my partnering vascular surgery resident, and I look forward to demonstrating our teamwork in friendly competition.

Sincerely,

Daniel Nguyen

WVS REGION VASCULAR SURGERY INTEGRATED RESIDENCY AND FELLOWSHIP PROGRAMS

The Western Vascular Society draws its members from the Western Unted States, Canadian Provinces and the Pacific Rim. These include Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, Nevada, New Mexico, Oklahoma, Oregon, Utah, Washington, Wyoming, Aberta, British Columbia and the Pacific Rim. There are 17 Integrated Vascular Surgery Residencies and Vascular Surgery Fellowships in seven states in this geographic area.

With interview season quickly approaching, our Vascular Surgery Program Directors had requested a publication of the anticipated interview dates for each of the programs so that a collaborated effort may be made to provide nonconflicting, collaborative interview dates. The intent being to facilitate interviewees to streamline and coordinate their interviews to minimize travel costs for live interviews when provided.

The following lists the Vascular Surgery Integrated Residency and Fellowship Program in the Western Vascular Society geographic location and their anticipated scheduled interview dates.

ARIZONA

University of Arizona Vascular Surgery Residency & Fellowship Programs

Tucson, AZ Program Contact: Jeanette DeJonghe-Pike jeanette@surgery.arizona.edu | 520-626-6670 http://surgery.arizona.edu/education Program Director – Kay Goshima, MD Paradigms Offered: 5+2, 0+5 Interview Dates: Residency. Dec 2023 – Jan 2024 (hybrid format) Fellowship: Early March 2024 (Virtual format)





CALIFORNIA

University of California – San Diego La Jolla, CA

Program Contact: Lupita Nuno gnuno@health.ucsd.edu 858-657-7025 Paradigms Offered: 5+2 Interview Dates: Resident: 12/11, 01/22 Fellow TBD

University of California (San Francisco)

San Francisco, CA Program Contact: Stacey Ma <u>stacey.ma@ucsf.edu</u> | 415-353-4366 Program Director: Michael S Conte, MD; Warren J Gaspar, MD Paradigms Offered: 5+2, 0+5 Interview Dates: TBD

Mayo Clinic College of Medicine (Arizona) Phoenix, AZ Program Contact: Nicole Rodriguez 480-342-6202 Elise Story 480-301-4072 <u>quenneville.nicole@mayo.edu</u> Program Director: Victor Davila, MD Paradigms Offered: 5+2 Interview Dates: TBD

CALIFORNIA

Cedar Sinai Vascular Surgery Fellowship

Los Angeles, CA Program Coordinator: Sandra Yaghoubian | 424-315-4551 <u>Vascular Surgery Fellowship | Cedars-Sinai</u> Program Director: Ali Aizzadeh, MD Paradigms Offered: 5+2 Interview Dates: TBD

LLUMC Vascular Surgery Residency

Loma Linda, CA Program Coordinator: Luz Sanchez <u>luzsanchez@llu.edu</u> | 909-558-8648 <u>http://medical-center.lomalindahealth.org/health-professionals/</u> <u>residency-programs/vascular-surgery-residency</u> Program Director: Sheela Patel, MD Paradigms Offered: 5+2, 0+5 Interview Dates: Residency: Nov 27, 2023; Dec 4, 2023 Fellowship : Jan 29, 2024; Feb 7, 2024; Feb 21, 2024

Los Angeles County-Harbor-UCLA Medical Center Torrance, CA

Program Contact: Program Coordinator: Rosa Cruz | 424-306-8074 | <u>rcruz3@dhs.lacounty.gov</u> <u>https://www.harbor-ucla.org/surgery/education/</u> Program Director: Nikhil Kansal, MD Paradigms Offered: 5+2, 0+5 Interview Dates: Residency Nov 06, 2023; Nov 11, 2023; Jan 08, 2024

Stanford Vascular Surgery Residency

and Fellowship Program Stanford, CA Program Coordinator: Kate McGurk | <u>kmcgurk@stanford.edu</u> http://yascular.stanford.edu/education.html

http://vascular.stanford.edu/education.html Paradigms Offered: 5+2, 0+5 Program Director: Venita Chandra, MD Interview Dates: TBD

University of California Davis –

Integrated Vascular Residency Sacramento, CA Program Coordinator: Julie Skelton jskelton@ucdavis.edu | 916-734-2386 http://www.ucdmc.ucdavis.edu/surgery/specialties/vascular/ Program Director: Misty Humphries, MD mdhumphries@ucdavis.edu Paradigms Offered: 5+2, 0+5 Interview Dates: TBD

University of California Irvine –

Vascular Surgery Fellowship Program Orange, CA

Program Coordinator: Adrienne Cosentino | <u>acosenti@hs.uci.edu</u> <u>https://www.surgery.uci.edu/overview.asp</u> Program Director: Nii-Kabu Kabutey, MD Program Offered: 5+2 Interview Dates: TBD

UCLA Vascular Surgery Training

Los Angeles, CA Program Coordinator: Alexa Osime <u>AOsime@mednet.ucla.edu</u> | 310-825-8778 <u>http://surgery.ucla.edu/division-vascular-surgery</u> Program Director: David Rigberg, MD Paradigms Offered: 0+5, 5+2 Interview Dates: TBD



Call for Member Contributions

Please email <u>heather@surgicalcs.com</u> your OR photos, stories of patient success or research victory. You can also nominate a colleague for the Member Feature, or just send us your ideas!



WESTERN VASCULAR SOCIETY 2023 EXECUTIVE COUNCIL

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Program Chair ELINA QUIROGA, MD

MISSION

The Western Vascular Society promotes and inspires education, research, inclusion and leadership in the art and science of compassionate vascular health in the Western United States, Canada and the Pacific Rim.

The Western Vascular Society (WVS) seeks to advance excellence and innovation in vascular health through education, research, public awareness and advocacy. WVS membership is recognized in the vascular communities of the Western United States, Canada and the Pacific Rim as a mark of the highest professional achievement. WVS seeks to advance excellence and innovation in vascular health.

VISION

VALUES Education | Research | Public Awareness | Advocacy | Career Development | Diversity

westernvascularsociety.org

University of Southern California

Los Angeles, CA Program Contact: Elizabeth (Eli) Agraz-Sanchez, MHA <u>Elizabeth.Agraz@med.usc.edu</u> <u>http://www.surgery.usc.edu/vascular/education.html</u> Paradigms Offered: 5+2, 0+5 Interview Dates: TBD

COLORADO

University of Colorado

Aurora, CO Program Contact: Krystal Ayala <u>krystal.ayala@cuanschutz.edu</u> | 303-724-9251 Program Director: Rafael Malgor, MD <u>https://medschool.cuanschutz.edu/surgery/specialties/vascular/</u> <u>education/fellowship</u> Paradigms Offered: 5+2, 0+5 Interview Dates: TBD

OKLAHOMA

University of Oklahoma School of Community Medicine Vascular Surgery Fellowship Tulsa, OK Program Contact: Cierra Gleason <u>vassurg@ouhsc.edu</u> <u>Cierra-Gleason@ouhsc.edu</u> | <u>Kimberly-Zamor@ouhsc.edu</u> Program Director: Kelly Kempe, MD <u>http://www.ou.edu/tulsa/residency/vascular-surgery</u> Paradigms Offered: 5+2 Interview Dates: TBD

OREGON

Oregon Health & Science University Portland, OR Program Contact: Katherine Rose Franklin <u>franklik@ohsu.edu</u> | 503-494-8558 Program Director: Enjae Jung, MD <u>http://www.ohsu.edu/xd/education/schools/school-of-medicine/</u> <u>departments/clinical-departments/surgery/residency-and-</u> <u>fellowships/acgme-fellowships/vascular-surgery-fellowship.cfm</u> Interview Dates: Paeidoney 01/23/24 & 01/24/24

tellowships/acgme-tellowships/vascular-surgery-tellowsh Interview Dates: Residency 01/23/24 & 01/24/24 Fellowship 02/27/24 & 01/28/24

UTAH

University of Utah Salt Lake City, UT Program Contact: Emily Johnson <u>emily.johnson@hsc.utah.edu</u> Program Director: Brigette K. Smith, MD, MHPE, FACS, FSVS brigitte.smith@hsc.utah.edu http://medicine.utah.edu/surgery/vascular_surgery/fellowship/ Paradigms Offered: 5+2 Interview Dates: TBD

WASHINGTON

University of Washington Vascular Surgery Integrated Residency and Fellowship Seattle, WA

Program Contact: Anne G Long <u>vascsurged@uw.edu</u> | 206-744-3370 Program Director: Elina Quiroga, MD <u>https://www.uwsurgery.org/divisions/vascular-surgery/</u> <u>vascular-surgery-education/</u> Paradigms Offered: 0+5, 5+2. Interview Dates: TBD